#### PROGRAM LEVEL POLICY FOR CLINICAL EXPERIENCE & EDUCATION IN THE LEARNING AND WORKING ENVIRONMENT for NUCLEAR MEDICINE RESIDENCY PROGRAM

#### NOVEMBER 20, 2017

## WORK HOUR DOCUMENTATION

Residents must document work hours weekly in Med-hub, which is verified by the program coordinator. The duty hours must be limited to 80 hours per week inclusive of all in-house call activities and any moonlighting activities. The weekly maximum shall include time spent for administrative duties related to patient care, the transfer of patient care, scheduled academic activities such as conferences, research related to the program, and any time the fellow spends on-site after being called in to the hospital. Not included in the weekly maximum is time spent outside of UIHC for academic preparation, reading, and studying.

#### **BURN OUT**

If a resident is concerned that another resident or faculty maybe displaying signs of burnout, depression, substance abuse, suicidal ideation, or potential for violence, the supervising faculty is notified and the clinical responsibilities are transferred to another fellow or supervising faculty member. The Program Director or supervising faculty must be alerted about the fellow and notified of the transfer of responsibilities.

### **UNFIT FOR DUTY**

If a resident is sufficiently fatigued to potentially impair his/her ability to perform, the resident must transfer clinical responsibilities to another resident or to a supervising faculty member. If the resident cannot find another qualified person to assume these responsibilities, then the supervising faculty must make arrangements to transfer the responsibilities. The Program Director or supervising faculty must be alerted about the fellow.

### **BEYOND DUTY HOUR**

In unusual circumstances, residents on their own initiative, may remain beyond their scheduled period of duty to continue to provide care to a single patient. Justifications for such extensions of duty are limited to reasons of required continuity for a severely ill or unstable patient, academic importance of the events transpiring or humanistic attention to the needs of a patient or family. Residents must appropriately hand over the care of all other patients to the team responsible for their continuing care.

### **APPROACHING 80 HOUR**

The resident must notify a faculty member if he or she is approaching the 80 hour limit.

## **RETURN TO HOSPITAL DOCUMENTATION**

Residents returning to the hospital from home call must count their time spent in the hospital towards the 80-hour maximum weekly hour limit. Residents are permitted to return to the hospital while on home call to care for new or established patients. Each episode of this type of care, while it must be included in the 80-hour weekly maximum, will not initiate a new "off-duty period."

## HOME CALL FREQUENCY

The frequency of home call is not subject to the every-third-night limitation but must satisfy the requirement for 1 day in 7 free of duty, when averaged over 4 weeks. If home call activities preclude rest and reasonable personal time, report the frequency issue to the program director for future resolution.

# MOONLIGHTING

The Nuclear Medicine residency training program allows moonlighting, but it is rare for a resident in this program to pursue moonlighting. It should be noted:

- Moonlighting is never required and must not interfere with the ability of the resident to achieve the goals and objectives of this educational program.
- The resident must obtain annual permission of the Program Director and GME staff prior to the beginning of such activities. All approved requests must be filed with the GME Office. Approval must be sought annually.
- Residents must have a permanent physician's license and cannot be on a J-1 or J-2 visa. Time spent by residents in moonlighting must be counted toward the 80-hour maximum weekly hour limit. Failure to completely document all time in moonlighting activities will result in suspension of the moonlighting privilege.